



# A helping hand for people with type 1 diabetes

**Blue Circle Health offers virtual, personalized services and support for adults living with T1D, to help you get back in the driver's seat with your T1D — at zero cost to you.**

**Your specialized Blue Circle Health team can help you:**

- Balance sugar levels
- Understand the latest T1D tools and how to get them
- Deal with insurance, and get coverage, if you need it
- Speak up for your needs
- Find resources that help with transportation, housing, food, or employment
- Connect with other people with T1D

Our focus is people with T1D, and many of our team members live with T1D. We work as an extension of your current care team for up to 6 months of individualized support. We can help you achieve your goals, and build the skills for continued success.

Blue Circle Health is a 501(c)(3) charitable organization dedicated to improving the health of people with type 1 diabetes by removing barriers and providing diabetes care, medicine, supplies, education, and support. The nonprofit is made possible by The Leona M. and Harry B. Helmsley Charitable Trust. Learn more at [www.bluecirclehealth.org](http://www.bluecirclehealth.org).

**“With Blue Circle Health, my diabetes doesn’t control me anymore.”**

**NATALIA** has lived with T1D since age 4 and is a BCH participant

**Now available in:**

**Florida, Maine & Vermont**

\*expanding to more states soon!

Follow us on social media

@bluecirclehealth for updates

**Want to gain more power over your T1D?**

Use the QR code, visit [www.bluecirclehealth.org](http://www.bluecirclehealth.org), or call 888-404-4813 to learn more and sign up!

